



Join **TTOTA** and  
**Habitat Trinidad & Tobago** as we

# UNWRAP HOPE THIS CHRISTMAS

**Team HOPE is looking for participants to join us for a 13-week extraordinary event commencing on Sunday 11th September, as we break ground on the house and culminating on Sunday 4th December as we cut the ribbon and welcome the family into their new home just in time for Christmas!**



**What:** Team HOPE 2016 - Come see How Ordinary People do Extraordinary things.

**When:** Minimum of 6 Saturdays or Sundays starting 11th September until 3rd December, 2016

**Where:** Near Freeport, exact location to be given at Meet the Team Party

**Why:** Team HOPE is a chance to challenge yourself and try something new, something extraordinary! It also provides an opportunity for you to give back to your community – both through building a house and financially supporting two great NGOs – TTOTA and Habitat for Humanity!

**MEET THE  
TEAM PARTY**

**Come meet your  
fellow participants :)**

**NALIS,  
4th September  
from 5-7pm**

**How Ordinary People do Extraordinary things**

# YOU'VE GOT QUESTIONS? WE'VE GOT ANSWERS!

## 1 I don't know anything about building a house! (Do I need to bring my own hammer?)

No experience is necessary! Habitat for Humanity supplies site supervisors and will work with us every step the way. Habitat will provide you with all necessary building equipment and tools. You just need to bring yourself, a sack lunch, a willingness to help others and a desire to try something new!

## 2 Are we really building a whole house?!?!?

Yes! By partnering with Habitat, we will have their experts on site to guide us and manage the build site. There are some parts of the build that Team HOPE participants won't be helping with (plumbing, electricity, etc.) and that is fine—we know our limits! But we will get to see the house go from first shovel breaking ground to handing over the keys to the family as they move in!

## 3 Why do I have to raise \$2000?

Team HOPE is the fundraising arm of the Trinidad and Tobago Occupational Therapy Association (TTOTA). Each Team HOPE participant is asked to raise \$2000 (or more! We won't stop you!!!). The resources generated by this fundraiser will be used to support the local chapter of Habitat for Humanity as well as TTOTA. Your fundraising efforts will help both NGOs to further their missions to support disadvantaged citizens of Trinidad and Tobago.

## 4 There is NO WAY I can raise that kind of money! (Is there?)

Don't worry, we are here to help. At our first Team HOPE event, the Meet the Team Party, we will give you lots of good ideas and strategies for raising the money. We will continue to support you throughout the entire Team HOPE experience—we know you can do it!

## 5 Can I volunteer with my friends?

Yes! We encourage you to sign up with your friends—doing things with friends makes it much more fun! But don't worry if you are signing up on your own, Team HOPE creates a community and by the end of the build, you will have a set of new friends to keep you company on your next crazy adventure!

## 6 Is there a minimum/maximum number of hours?

Six full volunteer days (Saturdays and Sundays between Sept-December) are required, including the Ground Breaking on September 11th and and Ribbon Cutting Ceremony on December 3rd. You are welcome to participate in as many weekend build days as you are able.

## 7 I am not a morning person....

Attendance for the full day (9am-2pm) is mandatory, but it is easy getting up early when it is done for a great cause like Team HOPE!

## 8 What if I get hungry during the workday?

We will have a scheduled snack and lunch break. Team HOPE participants will be provided with a light snack and water each build day but are responsible for bringing their own lunch.

## 9 How will I get to the build site? I don't have a car...

It is the responsibility of the Team HOPE participant to get to and from the build site each day. We will do our best to facilitate car pools but this is not a guarantee, you must have an alternative ride set up.

## 10 Is there an age limit?

16 years is the minimum age. Team HOPE participants under 18 will need to sign up with a parent or legal guardian. Children are not allowed onsite.

## 11 High Vis Orange isn't really my color...

We will provide you with a Habitat for Humanity/TTOTA shirt (don't worry not in bright construction zone orange). Closed-toe shoes and long pants are required on site.

## 12 What happens if I am injured on-site?

Safety equipment is provided, basic first aid is available on site. Volunteers sign a waiver as part of their agreement.

## 13 Who is the family we are building the house for? Are we going to meet them?

We will be building a house for a family who has met the criteria set forth by Habitat for Humanity. Our particular family is a single older man with some medical needs. We are excited to use our OT knowledge to provide him an accessible house which will help him age in place! We will get to meet our family at the Meet the Team Party and various days on site. And of course he will be at the house on the final day to get the keys to his new home.

## 14 Can we donate items to the family?

A donation list will be compiled. Any assistance in sourcing the specified items would be greatly appreciated.

## 15 Do I get a certificate of participation?

Yes, one is provided by Habitat for Humanity and TTOTA/Team HOPE has a few goodies up their sleeves...

## 16 What does the money raised going towards?

\$20,000 raised will go directly to Habitat for Humanity to help with future projects.

\$5000 towards adaptive equipment needed for current Habitat Homes

The remaining funds raised will be broken down into the following areas to support TTOTA's mission:

30% Joint Habitat/TTOTA Disability Awareness Campaign

25% Annual TTOTA Bursary for students studying Occupational Therapy

25% TTOTA Continuing Education Fund

15% TTOTA Operational Costs

5% to support the Association of Caribbean Occupational Therapists, promoting the profession within the Caribbean region.

## 17 This sounds AMAZING!!! How do I sign up????

You can sign up via the registration form posted on our Facebook page (**Trinidad and Tobago Occupational Therapy Association** and **Team HOPE**) or on our website [www.TTOTA.com](http://www.TTOTA.com)

Bring your friends and **sign up by Wednesday 31st August** to secure your spots.

Be prepared to find out more at the **Meet the Team Party at NALIS on Sunday 4th September from 5-7pm!**

Registration forms and \$200 registration fee can be dropped off with any TTOTA member or at Therapy Works, 36A Carlton Ave, St. James; 628-0528.

